sil | specialist mental health support

Moor House

Widemarsh Common, Hereford, HR4 9NA

Moor House is a development of 16 self-contained and spacious apartments in a beautiful period building in Hereford, providing accommodation and 24-hour support.

At SIL, we support and sustain the transition of people severely affected by mental illness, including psychotic and personality disorders, from institutional settings to their own tenancy in the community. This enables people in recovery to live independently while receiving the exact package of support they need.

Additional factors may include: Drug and alcohol issues
Depression | Anxiety | Physical health and mobility issues
Mild learning difficulties | Forensic history | Fire-setting history.

Our person-centred recovery support is provided by our core on-site team of Recovery Support Workers, with additional support from our Quality and Practice team.

To make a referral to Moor House, please contact:

Amber Preece, Scheme Manager

on **01432 341130 / 07702 917296**

or email **amber.preece@lifeways.co.uk**

For life beyond mental illness

Community connections

Set within the quiet location of Widemarsh Common, Moor House is a short stroll from Hereford Town Centre where there are shops, cafés, restaurants and a retail park. The Courtyard, Herefordshire's Cultural Creative Hub Theatre, Cinema and Gallery is a short walk which is a creative space where the whole community join in.

There is a local gym and football pitches a 2 minute walk away where they hold various training sessions and clubs. There is also an excellent cycle route near the scheme and an art college 30 minutes walk away.

There are bus stops across the common and Hereford train station is just a 15 minute walk with direct trains into Birmingham New Street station.

Jack's story

I was in hospital for about five years before finding SIL, going around in the system - just stuck. I've been here for two and a half years now, and the team have been so supportive. There's never any judgement, and always someone around if I need to talk. I'm working towards moving out soon, and starting a course for peer support to help others struggling within the health system.

Our referrals process

1. Call or email us and we'll arrange a suitable time to discuss your enquiry. If we agree our service seems a good fit, we'll send you our referral pack and start gathering all the information we need to complete the referral process.

2. Once we've received your completed referral form and background documentation, we'll make arrangements to start our assessment. This will include a scheme visit, discussions with key individuals, and time with the person referred to introduce SIL and understand their views and goals for their recovery support.

3. Once we have completed our comprehensive assessment, this will be sent along with costings to the commissioning / case management team for approval.

4. Once funding is agreed, we'll match the person with a suitable flat and start the tenancy application process. As soon as the tenancy offer is back, we'll work together with the existing multidisciplinary and care teams to arrange a thorough discharge, and/or a transition plan.

To find out more about SIL

visit sil-uk.com or email **info@sil-uk.com**

sil

part of lifeways group