



# Bulwell

Nottingham

Life-changing residential care  
at the heart of the community

**lifeways**



# Welcome to Bulwell

**Bulwell is a welcoming, supportive and stimulating residential service for people with complex care and support needs to live fulfilling lives.**

The property features 22 bedrooms some with ensuite facilities alongside four shared bathrooms, several of which are wheelchair accessible. The home also includes three kitchens, two dining rooms, five living rooms and generous outdoor space.

The layout is designed to support both independence and community living, giving residents the freedom to choose how they spend their day while ensuring there are always welcoming shared spaces available. Outside, the garden provides a relaxed, open space for social activities or simply sitting quietly and enjoying the fresh air.



## Living at Bulwell

Life at Bulwell would be well suited to people with learning difficulties, limited physical disabilities or autism.

Bulwell is home to a diverse group of adults, both female and male, each with their own needs, preferences and personal goals. Some individuals may at times display behaviours that challenge, and we work in a person-centred way to help them build confidence, develop new skills and feel empowered in their daily lives.

**“At Bulwell, we support individuals to achieve their goals and aspirations. We encourage an independent way of living, in a homely environment.”**

Manager, Bulwell

# Valued in your community

**Bulwell is set within a vibrant market town on the River Leen, in the northwest of Nottingham and is just a short walk from a range of local shops, cafés, pubs and a post office.**

As well as the historic village of Bulwell, we are only four and a half miles from Nottingham City Centre, a popular destination for days out and a great place to soak up some culture. People regularly enjoy visits to cinemas, bowling alleys, restaurants, shops, theatres, museums and more.

For the nature lovers among us, Sherwood Pines is less than 40 minutes away and offers more than 3,300 acres of forest and wetland to explore.

## It's good to know...



We're just a twenty-minute drive from Nottingham, with its range of shops, cafés, pubs and restaurants. There's a local post office, library and high-street banks too.



Aldi is an eight-minute walk, or Morrisons, Iceland and Tesco Extra are nearby.



The GP surgery and NHS dentist are within five minutes walk.



There's a bus stop outside the property, with regular routes into Nottingham.



The nearby Bulwell tram station goes to Nottingham, where there are trains to Leeds, Liverpool, Leicester, Birmingham, Skegness and London.



There is parking onsite for people with cars.



**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by Lifeways

# Five reasons to choose Lifeways

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Bulwell, make a referral or arrange a visit by contacting Lifeways:

Call **0333 321 4881**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)