



# Trinity Chapel Apartments

Workington, Cumbria

Life-changing supported living  
at the heart of the community

**lifeways**



**“Trinity Chapel Apartments is a brand-new set of apartments, ready to welcome and support local people in a friendly and modern environment. We are in a great location in the heart of the local community. The team at Lifeways encourage people to build independence and confidence, helping them to enjoy happy and fulfilled lives.”**

Manager, Trinity Chapel Apartments

# Welcome to Trinity Chapel Apartments

**At Trinity Chapel Apartments people are welcomed and supported to live independent lives.**

Trinity Chapel Apartments is a purpose-built set of apartments in the heart of Workington. Set over four floors, people can benefit from community living while enjoying their own space too.

There are 20 one-bedroom apartments, six of which are wheelchair accessible and have height-adjustable kitchens. All apartments consist of an open plan kitchen and living area, bedroom and en-suite bathroom. White goods are included in each apartment and assistive technology can be tailored to suit the needs of each person. The ground floor apartments are level access and there are stairs and lift to other floors.

The property has two large communal rooms which are in the original front of the Chapel and the first floor communal room has a platform for accessibility. There is external CCTV and a core support team always on site for background support and added security.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door.

There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

Life at Trinity Chapel Apartments is suitable for people with learning disabilities, brain injuries, physical disabilities or autism.

We are ready to welcome new people of any age and gender who would benefit from the right support in a modern and welcoming environment. Everyone will be supported to live as independently as possible and to choose how they spend their time.

We can support people to access education or employment, take part in the hobbies and activities they enjoy, and make the most of what the local community has to offer.



# Valued in your community

There are few things more rewarding than feeling like an active and valued part of the community.

At Trinity Chapel Apartments, located in the heart of Workington close to the shopping centre, there is plenty to do in the local area. Nearby there are pubs, shops and restaurants, with banks, libraries and post offices all within walking distance.

Tuesday night is 'Tuesday Club' hosted in the Carnegie building across the road, which is a dedicated club for people with learning disabilities to play bingo, board games and enjoy a disco. The local sports centre is a short distance away, as is the local bingo hall.

People living at our nearby Viaduct Court service enjoy trips to Keswick and the Lake District and hold communal tea events in the service, as well as quiz nights, bingo and regular cinema visits - people that move in to Trinity Chapel Apartments can look forward to similar activities and fun days out.

Any new residents will receive person-centred, tailored support and will be encouraged to work towards their personal goals and ambitions. We can support people to learn new life skills such as cooking and money management, take up new hobbies or make new friends, as well as exploring the local community.

## It's good to know...



We're in Workington which has lots of amenities. The Lake District is just half an hour away.



There's a bus stop within a short walk, with routes into Workington, Whitehaven, Frizington and Carlisle.



Tesco, Morrisons, Iceland, Aldi and Marks & Spencer are all close by.



The local train station is opposite the property and has services to Whitehaven and Carlisle.



The GP surgery and NHS dentist are in the same street as the property.



There is plenty of onsite parking available for people with cars.



**"Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier."**

Person supported by Lifeways

# Five reasons to choose Lifeways

## **yes to stability.**

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## **yes to reassurance.**

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## **yes to local.**

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## **yes to relationships.**

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## **yes to quality.**

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



## **So what happens next?**

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Trinity Chapel Apartments, make a referral or arrange a visit by contacting Lifeways:

Call **0333 321 4881**

Email **referrals@lifeways.co.uk**

**lifeways.co.uk**

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**lifeways**  
yes to you