

Life-changing supported living in **Northumberland**



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Supported living at Lifeways

- ✓ Carefully matched support teams
- ✓ Community settings
- ✓ Specially adapted housing
- ✓ Assistive technology available

Our supported living services are designed to help people live safely and independently behind their own front door, with tailored support that fits seamlessly around their daily life. Whether it's learning a new life skill, having the confidence to try a new hobby, or taking a first step into volunteering or employment, our teams are here to support and encourage each goal, however big or small.

We believe it's important for the people we support to be surrounded by others they enjoy spending time with, and so where individuals express an interest to live with others, we support by finding suitable housemates with similar lifestyles and interests.

We work closely with property developers to create spaces that complement our support and enable more independent living. We also partner with housing associations to find suitable and affordable places for people to live.

Our services are set in the heart of communities with easy access to local amenities, attractions and transport links.



Helen Bone

Registered Manager at Alexandra Park

“After beginning my career in finance, I soon realised that my true passion lay in supporting people to lead fulfilling, independent lives. At 30, I made the decision to move into health and social care, starting as a support worker in a residential service.

Since then, I've gained extensive experience across Independent Supported Living, progressing over the past six years into the role of Registered Manager. Before joining Lifeways in January 2025, I worked in North Tyneside, where I oversaw 14 supported living services and helped establish a new day service.

I'm delighted to be part of the Alexandra Park team. We've achieved so much already, and with our new management structure in place, I'm confident we can continue to grow and improve together. It's an exciting time for Alexandra Park, and I'm looking forward to building on our progress alongside team members, partners, and the people we support.

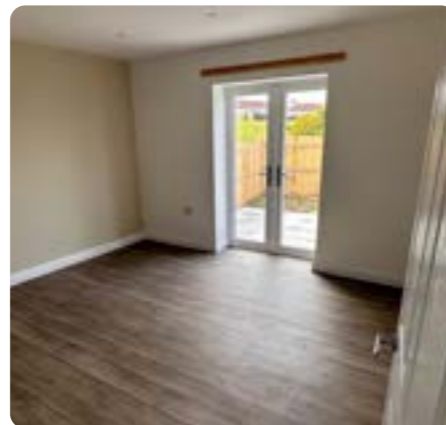


Alexandra Park

Newbiggin-by-the-Sea, Northumberland

Self-contained bungalows

- ✓ Learning disabilities
- ✓ Autism



Click here

Make a referral **today**

Welcome to our unique purpose-built development of 28 single-occupancy bungalows, offering 24-hour support for people with complex needs.

Each bungalow has its own front door and private garden area. In a separate building we have a communal activity room and sensory room that everyone can use, along with our staff offices.

Outside there is on-site parking for people with cars, and we're lucky to have extensive grounds to spend time in when the weather is good. We're even luckier to be only a five-minute walk from the beach!

Alexandra Park is suitable for people who require 40 or more support hours per week – and we're ready to welcome individuals of any age and gender.

We are experienced in supporting individuals with complex needs and behaviours that challenge, and have an excellent track record in reducing the levels of support required by individuals over time. A great deal of research and experience went into the design of Alexandra Park to create an environment where individuals can truly thrive.

Our support is designed around each individual's specific needs, following a comprehensive referral and assessment process, and we regularly review each person's progress, adjusting support packages based on progress.

Read **more** 



Meet your local team



Debbie Robson
Referral Assessment
Practitioner



Kieran Money
Senior Assessment
Manager

Our experienced assessment teams work closely with healthcare professionals and local authorities to provide the best support possible. We'll work hand-in-hand with you, from arranging introductions, assessments and visits, all the way through to the move being complete and the kettle going on.

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Refer to Lifeways with confidence

As a healthcare professional, we know you're in a position of trust. So when you're considering a referral, it's reassuring to know that you can trust Lifeways to focus on the individual first, providing tailored support that creates life-changing outcomes.

Get in touch today

Call **0333 321 4881**, email
referrals@lifeways.co.uk
or visit lifeways.co.uk