

# Mental Health support in Fleetwood, Lancashire

## Abbey Lodge

✓ Mental health

**Abbey Lodge is a brand-new development of 11 high quality self-contained apartments in Fleetwood, providing accommodation and 24-hour specialist mental health support to people on their recovery journey.**



Abbey Lodge is a fantastic new service in the heart of Fleetwood. We have a warm and friendly community and team members where people will be supported to do what means the most for them in their lives.

Manager, Abbey Lodge

Each one-bedroom apartment has a spacious open-plan kitchen, dining and living room plus a private bathroom with shower - some apartments also feature en-suite facilities. Outside there are large, shared gardens to the front and back as well as car parking spaces to the rear.

At Abbey Lodge people are supported to enjoy their lives and to pursue their interests whether that be cooking, gardening, shopping, day trips or spending time out in the community.

Fleetwood itself is a Victorian seaside town with a proud maritime history. Recently regenerated, there are a range of attractions and places to visit, including the magnificent promenade, Marine Hall, Memorial Park, the museum, a traditional market and The Affinity Outlet Shopping Centre.



### In the local community



We're situated in Fleetwood with its range of shops, cafés, pubs and restaurants. There is also a market and a post office.



Aldi is close by, while Asda and Affinity Outlet Shopping Centre are a little further away.



The GP surgery and dentist are less than half a mile away.



The nearby bus stop has services to Blackpool and the local area.



The nearest train station is in Blackpool with regular services to Preston and beyond.

To make a referral or to arrange a visit, call **0333 321 4881**  
or email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)