



**Recovery isn't a destination.
It's a journey.**

**And we know all too well the
challenges faced along the way.**

At SIL, we walk alongside each individual journey, helping to break the all-too familiar cycle of institutionalised care.

Our dedicated and experienced teams take a holistic approach to recovery, using openness and honesty to build trusted relationships. Combined with offering homes to be proud of, we're able to empower those living with complex mental health conditions to regain a more fulfilling and independent life.

For a life full of choice,
opportunity and hope.

**For life
beyond**
mental illness



SIL  part of
lifeways group