



yes  
to independence

# Gladstone House

Derby, Derbyshire

Life-changing supported living  
at the heart of the community

**lifeways**  
yes to you



“Gladstone House is a nice established service in Derby, close to all the amenities of the city. There’s so much to do in the local area including several specialist day services. We support the people here to live the life they choose, learn new skills and develop their independence.”

Manager, Gladstone House

# Welcome to Gladstone House

**At Gladstone House, people benefit from a vibrant network of staff and friends, while having peace and quiet when they need it too.**

Gladstone House is a large, double-fronted semi-detached house that is shared by five people. There are five spacious bedrooms, three toilets, a bathroom, a shower room, kitchen-diner, lounge and games room and a laundry room.

Outside there's a small rear yard that everyone can access. Derby Arboretum Park is only a few minutes' walk away and provides year round access to beautiful outdoor space.

When you chose supported living, you're choosing to live independently, safe and secure behind your own front door.

There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.



Life at Gladstone House is suitable for people with learning disabilities, autism, brain injuries, or mental health conditions.

We are ready to welcome a male over 30 who is semi-independent but requires some support to live in the community. The people we support here are all male and have lots of hobbies and interests like listening to music, socialising, going for walks and out for lunch, shopping and cooking.



# Valued in your community

**There is nothing more valuable than being an active part of the local community.**

Gladstone House is in the heart of Derby, with all the city amenities within walking distance. Large supermarkets like Aldi and Tesco are within walking distance, and Derbion Shopping Centre is a ten-minute walk away and features a 3D cinema, food hall and lots of high street shops and restaurants.

Derby has numerous gyms, public parks and a leisure centre, all within easy reach. Several specialist day services are nearby and we have supported people to access these over the years.

Derby has excellent transport links to the wider area by train and bus, and is close to the M1 for travelling further afield by car.

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## It's good to know...



We're located in the heart of Derby.



You can have your pick of supermarkets, with all the large chains and smaller independent shops available in Derby



There are many GP surgeries, dentists and opticians within a mile of the service.



Derby train station is five minutes by car and has many national services to London, Sheffield, Plymouth, Birmingham and Edinburgh.



The bus stop is a three-minute walk away, with regular services to the local area and Nottingham.



There is on-street parking available for people with cars.



# yes to friendships

“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”

Person supported by Lifeways

# Five reasons to choose Lifeways

## **yes to stability.**

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## **yes to reassurance.**

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## **yes to local.**

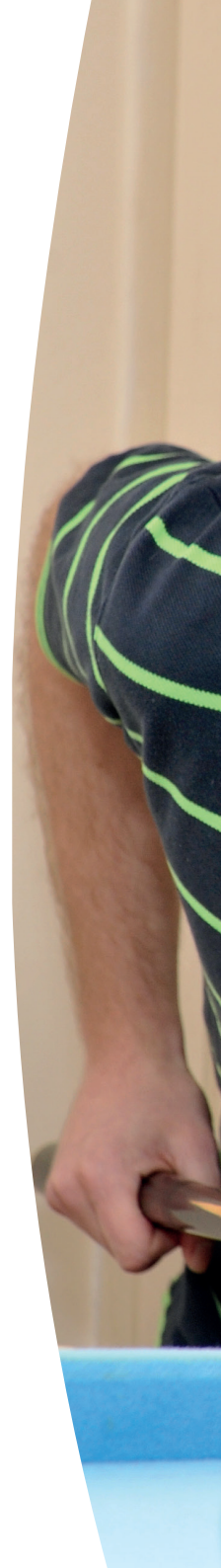
Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## **yes to relationships.**

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## **yes to quality.**

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.







# yes to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Gladstone House, make a referral or arrange a visit by contacting Lifeways:

Call **0333 321 4881**

Email **[referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)**

**lifeways.co.uk**

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