



yes  
to independence

# Charnwood Street

Derby, Derbyshire

Life-changing supported living  
at the heart of the community

**lifeways**  
yes to you



**“Charnwood Street is ideal for independent living. It is well suited to a confident person who is looking to increase and enjoy their independence.”**

Manager, Charnwood Street

## Welcome to Charnwood Street

**Charnwood Street is a group of six self-contained apartments where people feel welcome and supported. Drop-in support from staff means people can lead independent lives while benefiting from staff contact when needed too.**

Each one-bedroom apartment has an open-plan kitchen and living room, and a bathroom with a shower. One apartment has two bedrooms, with the spare to be used as a sleep-in staff room, or an extra bedroom depending on each person's needs.

Charnwood Street also has a yard for people to spend time outdoors when the weather is good. Assistive technology includes an intercom system.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

Life at Charnwood Street is suitable for people with brain injuries, learning or neurological disabilities, mental health conditions, and autism.

Charnwood Street is ready to welcome a young person with a good level of independence. The current residents live with autism, learning disabilities and mental health conditions.

At Charnwood Street, people enjoy living independently and spending time in the community.





# Valued in your community

**There is nothing more valuable than being an active part of the local community.**

Charnwood Street is in a vibrant area on the outskirts of Derby.

Derby has a vibrant range of shops and restaurants, as well as museums and art galleries, intu Derby Shopping Centre, the Odeon and Showcase cinemas, and Derby Theatre. People enjoy going to Derby Rollerworld and Derby Arena for sports and music events.

For people who like to stay active, Queen's Leisure Centre provides year-round access to exercise classes, a swimming pool and a gym.

People also like to go to Nottingham for larger shops and attractions including a Cineworld cinema, Nottingham Tenpin Bowl, Nottingham Castle, Museum and Art Gallery, Green's Windmill and Science Centre, ice skating at Motorpoint Arena, Nottingham Playhouse Theatre, and Victoria or Broadmarsh shopping centres.

Nottingham also has Nottingham University City Hospital which provides access to services for brain injury, cystic fibrosis, epilepsy and seizure disorders, speech and language therapy, and neurological rehabilitation outpatients.

## It's good to know...



We're in a vibrant area with cafés, restaurants, shops, a post office and a library. Nottingham is 50 minutes away from the property.



We're spoilt for choice with supermarkets. Sainsbury's, Co-op, Aldi, Lidl, Tesco and Iceland are all close by.



The GP surgery and NHS dentist are within half a mile of the property.



There's a bus stop at the end of the road, with regular routes into Sunny Hill, Alvaston, Sinfin and Derby.



The nearby train station is within one mile of the property and has regular services into Sheffield, Birmingham, Nottingham, Edinburgh and London.



There's a driveway for people with cars.



yes  
to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by Lifeways



# Five reasons to choose Lifeways

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes  
to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Charnwood Street, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email **[referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)**

**lifeways.co.uk**

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