



yes  
to independence

# Salisbury Gardens

Newcastle upon Tyne, Tyne and Wear

Life-changing supported living  
at the heart of the community

living  
ambitions  
part of lifeways group



**“We have a great support team at Salisbury Gardens who have been in this service for a number of years. They all go that extra mile to make sure the ladies have the best support in life to achieve their goals and ambitions.”**

Manager, Salisbury Gardens

# Welcome to Salisbury Gardens

**Salisbury Gardens is an attractive end of terrace house where people are welcomed and supported to live independent lives.**

There are four bedrooms, one on the ground floor with an en-suite shower room and one used as a staff sleep-in room for overnight support. Downstairs there's a kitchen-diner, with two spacious bedrooms upstairs along with a shared bathroom.

Outside there's a front garden and a yard at the back. There is a ramp fitted at the front for wheelchair access.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door.

There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.



Life at Salisbury Gardens is suitable for people with learning disabilities, autism, brain injuries, physical disabilities or mental health conditions.

We currently support two ladies here, who have a wide range of interests and hobbies. They enjoy Zumba classes, doing arts and crafts and going to the cinema. They also like going out for meals, drives to the coast and attending local coffee clubs.

We are ready to welcome another female who would like to live in a relaxed, happy home. Someone who enjoys group activities and getting out into the community would be ideal.

# Valued in your community

**There are few things more rewarding than feeling like an active and valued part of the community.**

Salisbury Gardens is located in a residential area a couple of miles outside Newcastle. Within walking distance there are shops, pubs, and a lovely park. Also nearby are convenience stores, cafes and takeaways.

The city centre is a ten-minute drive away, and has all the amenities of a large, vibrant city. There are shops and shopping centres, pubs, restaurants and a lively nightlife scene. You can take your pick of historic and cultural tours and top attractions include The Quayside, Millennium Bridge and Newcastle Castle. There are a number of museums, a popular market and some beautiful public parks including Jesmond Dene and Rising Sun Country Park.

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## It's good to know...



We're in a popular residential area just outside Newcastle.



We're spoilt for choice with supermarkets – Tesco, Sainsbury's, Morrison's and Asda are all nearby.



There are doctors, dentists and opticians within a few miles of the house.



The bus stop is a short walk away with services around the local area and to North Shields and Gateshead.



Newcastle Central station is a short drive away with national services to London, Edinburgh, Carlisle, Liverpool and Bristol.



There is a disabled bay plus on-street parking available for people with cars.

A close-up photograph of two women smiling warmly at each other. The woman on the left has blonde hair and is wearing a red and white striped shirt. The woman on the right has dark hair, wears glasses, and a white turtleneck. They are positioned in front of a brick wall.

# yes to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn’t be happier.”**

**Person supported by Lifeways**

# Five reasons to choose the Lifeways group

## **yes to stability.**

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## **yes to reassurance.**

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## **yes to local.**

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## **yes to relationships.**

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## **yes to quality.**

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our Care Inspectorate ratings are something we can be proud of.



yes  
to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

Living Ambitions has been supporting people as part of the Lifeways Group since 2015. At the Lifeways Group, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why us?

We believe that anyone can achieve the extraordinary. And that's why we exist. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Salisbury Gardens, make a referral or arrange a visit by contacting us:

Call **0333 321 4881**

Email **[referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)**

**lifeways.co.uk**

**lifeways**  
yes to you