



yes  
to independence

# Bridges House

Leicester, Leicestershire

Life-changing supported living  
at the heart of the community

**lifeways**  
yes to you



**“Bridges House is nice and lively. People are supported to build their independence and we’re in a great location with a popular leisure centre five minutes away.”**

Manager, Bridges House

# Welcome to Bridges House

**At Bridges House apartments, people benefit from a vibrant network of staff and friends, while having peace and quiet when they need it too.**

There are nine apartments with a bedroom, kitchen and bathroom, with a further three apartments having a separate lounge as well. Downstairs there's a communal lounge and laundry room for everyone to use. There's also a staff sleep-in room which means there's always someone on hand to help.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.



Life at Bridges House is suitable for people with learning disabilities or autism.

There's a nice mix of people living here, with ages ranging from 20 to late 60s. Everyone has their own hobbies and interests and is supported to do the things they love. Their interests include shopping, cooking and attending local clubs.

New people who move in will be supported to increase their independence, learn new life skills and get the very most out of the local community.

# Valued in your community

**There are few things more rewarding than feeling like an active and valued part of the community.**

Bridges House is located just outside Leicester, with shops, takeaways and a post office within walking distance. Leicester City Centre is less than ten minutes by car, and offers a wealth of high street shops, pubs, restaurants and cafes. Top attractions include the Leicester Museum & Art Gallery, the National Space Centre and the King Richard III Visitor Centre.

For people who like to stay active, Braunstone Leisure Centre is less than a mile away, and local parks include Braunstone Park and Rancliffe Gardens.

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## It's good to know...



We're in a popular residential area of Leicester.



There are convenience stores nearby with Tesco and Sainsbury's a short drive away.



There are GP surgeries, dentists and opticians within a couple of miles.



There's a bus stop a few minutes away with local services to Leicester and Hinckley.



Leicester station is a ten minute drive away and has national services to London, Birmingham, Sheffield and Nottingham.



There is on-street parking available for people with cars.



A photograph of two men in a garden. The man in the foreground is wearing a blue bucket hat and a white t-shirt with a graphic, smiling at the camera. The man in the background is wearing a black and white striped shirt and is also smiling. They are surrounded by green foliage, pink flowers, and orange marigolds. A butterfly is visible on the left.

# yes to friendships

“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn’t be happier.”

Person supported by Lifeways

# Five reasons to choose Lifeways

## **yes to stability.**

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## **yes to reassurance.**

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## **yes to local.**

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## **yes to relationships.**

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## **yes to quality.**

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.







# yes to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Bridges House, make a referral or arrange a visit by contacting Lifeways:

Call **0333 321 4881**

Email **[referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)**

**lifeways.co.uk**

**lifeways**  
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