



yes
to independence

Abbeymoor

Swalwell, Gateshead

Life-changing residential care at
the heart of the community

lifeways
yes to you



“At Abbeymoor we support people to achieve independence. We are close to the Metro Centre, local amenities and have good local transport links.”

Manager, Abbeymoor

Welcome to Abbeymoor

Abbeymoor, on the outskirts of Gateshead in Tyne and Wear, is a specialist residential neurological care centre providing long-term person-centred care and support for adults with either a brain injury or complex neurological condition, with particular expertise in the management of Huntington's Disease.

There are 40 bedrooms at the service, many of them en-suite. There are communal areas including a games room, large conservatory and a relaxation and therapy room. There's an on-site laundry service, access to a minibus and an extensive activities programme with something for everyone.

Outside there are lovely private gardens with patio areas for everyone to enjoy.

The people we support here benefit from the services of a physiotherapist who visits the service on a weekly basis and works with individuals, tailoring their programme to ensure they reach their maximum potential.



We welcome individuals of any age and gender to Abbeymoor.

Abbeymoor is a specialist centre providing long term person-centred care and support for individuals who have complex problems associated with either a brain injury or other neurological conditions. We support people with a range of neurological conditions, including Acquired Brain Injury, Huntington's Disease, Motor Neurone Disease and Spinal Injury. We work alongside health professionals to give each resident the highest standards of support.

Valued in your community

There are few things more rewarding than feeling like an active and valued part of the community.

At Abbeymoor, we're located close to the Metro Centre. Gibside National Trust and Swalwell Park are nearby.

Newcastle-upon-Tyne provides access to the Life Science Centre, Victoria Tunnel Tours, the Discovery Museum, Great North Museum, Baltic Centre for Contemporary Art, a number of theatres and cinemas, Eldon Square shopping centre, and Newcastle Castle.

It's good to know...



We're in a residential area half a mile from the Metro Centre.



We're spoilt for choice with supermarkets - Lidl is a three-minute walk away with Tesco and Aldi a little further afield.



The GP surgery and NHS dentist are one and half miles from the property.



The nearest bus stop is just a 2 minute walk away with regular local services.



The nearest train station is just one mile from the service with services to Gateshead, Carlisle and Hexham.



There is on-street parking available for people with cars.



yes to friendships

“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn’t be happier.”

Person supported by Lifeways

Five reasons to choose Lifeways

yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.

A man with short brown hair and black-rimmed glasses is smiling at the camera. He is wearing a grey hoodie with a red inner lining. He is sitting at a wooden table. In the background, there is a white shelf with a black lamp and some red fabric.

yes to ambition

So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

Supporting people to live the life they choose.



At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

Make a referral or arrange a visit

Learn more about independent living at Abbeymoor, make a referral or arrange a visit by contacting Lifeways:

Call **0333 321 4881**

Email **referrals@lifeways.co.uk**

lifeways.co.uk

