



yes  
to independence

# Ferndale

Preston, Lancashire

Life-changing supported living  
at the heart of the community

living  
ambitions   
part of lifeways group



“Ferndale is a lovely house and we’re in a really nice area. There are lots of amenities close by and plenty to do out in the community.”

Manager, Ferndale

# Welcome to Ferndale

**At Ferndale people are welcomed and supported to live independent lives.**

Ferndale is a large, four-bedroomed bungalow with level access throughout. The bedrooms share one wet-room style bathroom and another shared bathroom with a bath. There's also a kitchen with a dining area, a living room and a sensory room that everyone can benefit from. Outside there is a lovely garden with a patio area for everyone to enjoy.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door.

There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.



Life at Ferndale is suitable for people with learning disabilities, physical disabilities, autism or mental health conditions.

We are ready to welcome a female aged over 50 to join the other ladies currently living in the house. The people we support here are sociable and friendly so someone with a similar outlook would be ideal.

They enjoy a wide range of activities including music, going to the pub, going for walks, cooking and gardening. They also enjoy planning day trips with visits to the coast and local tourist attractions being firm favourites.

# Valued in your community

**There are few things more rewarding than feeling like an active and valued part of the community.**

Ferndale is in a leafy residential area with convenience stores, restaurants, pubs and takeaways all within a few miles.

Nearby Preston also provides access to a range of vibrant cafes, restaurants, shops and attractions including St George's and Fishergate shopping centres, and an Odeon cinema. Preston is also home to the Creative Space Centre - the UK's largest multi-sensory centre for people with special needs. There are three sensory rooms, all with modern lighting and sound projection equipment, a social and eating area and beautiful gardens.

Southport is also a popular destination for the Pleasureland, pier and beach, Marine Lake Promenade, the Model Railway Village, a Vue Cinema, Tenpin Southport, theatres and art galleries.

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## It's good to know...



We're in a quiet residential area just outside Preston.



Nearby supermarkets include Spar, Londis and Waitrose, with Morrison's, Aldi and Sainsbury's in nearby Bamber Bridge.



GP surgeries, dentists and opticians are all within a few miles.



Preston station is about three miles away and has local and national services.



There are bus stops within a few minutes' walk, with routes into Preston and Leyland.



There is a driveway and on-street parking available for people with cars.

A photograph of two women in a kitchen. The woman in the foreground is wearing glasses and a blue sweater with white stars, smiling broadly. The woman in the background is wearing a grey sweater and also smiling. The woman in the foreground is holding a white plate with a colorful salad.

# yes to friendships

“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn’t be happier.”

Person supported by Lifeways

# Five reasons to choose the Lifeways Group

## **yes to stability.**

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## **yes to reassurance.**

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## **yes to local.**

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## **yes to relationships.**

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## **yes to quality.**

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



# yes to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

Living Ambitions has been supporting people as part of the Lifeways Group since 2015. At the Lifeways Group, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why us?

We believe that anyone can achieve the extraordinary. And that's why we exist. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

## Make a referral or arrange a visit

Learn more about independent living at Ferndale, make a referral or arrange a visit by contacting us:

Call **0333 321 4881**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)

[lifeways.co.uk](https://www.lifeways.co.uk)

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