



yes  
to independence

## Sixth Avenue

Blyth, Northumberland

Life-changing residential care at  
the heart of the community

**lifeways**  
yes to you



**“Sixth Avenue is a friendly fun-loving home which provides a very person-centred service. The involvement and ability of people to reach their potential is encouraged and promoted for every individual by a friendly, professional staff team.”**

Manager, Sixth Avenue

# Welcome to Sixth Avenue

**Sixth Avenue is a welcoming, supportive and stimulating residential service for people with complex care and support needs to live fulfilling lives.**

Sitting at the heart of the local community, Sixth Avenue offers opportunities for positive social inclusion. There are four fully accessible bedrooms, with spacious and comfortable communal areas and a large enclosed fully accessible garden to the rear. Assisted technology is installed according to individual needs, and everyone is encouraged to truly personalise their own bedroom. There is an Arjo Hi-Lo bath and ceiling tracking.

At Sixth Avenue we offer the highest standards of residential support through a commitment to person-centred planning, attention to detail, engaged staff teams and most importantly a passion for enabling the people we support to achieve their goals and self-direct their support as much as they can. With a very experienced team who work in close association with social workers and a clinical team, we collectively work to ensure we meet the needs of each individual through a range of activities.



We provide high quality, 24-hour care and support services for people with a range of needs including learning disabilities, physical disabilities and autism.

Sixth Avenue is an ideal stepping stone for young adults in transition from college or children's services or individuals leaving hospital settings and can provide a pathway to the person having their own local supported living tenancy.

# Valued in your community

**There are few things more rewarding than feeling like an active and valued part of the community.**

Blyth is a popular town on the beautiful Northumberland coast, with a range of high street shops, a theatre, library and some lovely public parks. The location also provides excellent transport links to neighbouring towns Bedlington, Morpeth, Whitley Bay and Newcastle upon Tyne.

Support is provided to access local theatres, movies and sports centres. Individual and group trips further afield are accessed via car, train or bus.

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## It's good to know...



We're in a residential area just outside Blyth Town Centre.



We're spoilt for choice with supermarkets - Morrisons, Asda and Lidl are all nearby.



The GP surgery and NHS dentist are within two miles of the service.



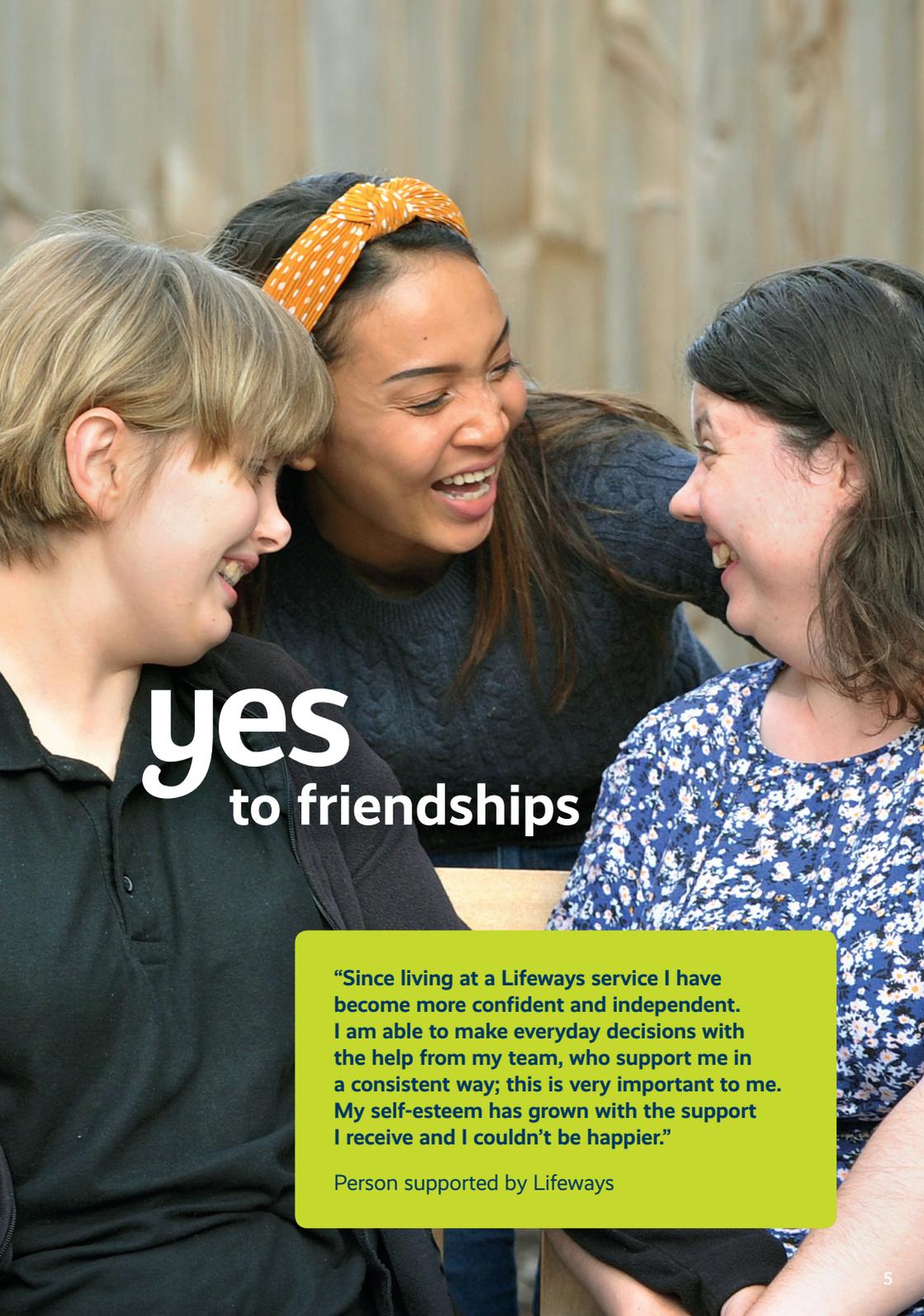
There's a bus stop nearby with regular local services.



The nearby train station is in Newcastle, 12 miles away, with national connections.



There is on-street parking available for people with cars.

A photograph of three young women laughing together. The woman on the left has short blonde hair and is wearing a black polo shirt. The woman in the middle has long dark hair with an orange polka-dot headband and is wearing a dark blue sweater. The woman on the right has long dark hair and is wearing a blue floral patterned shirt. They are all smiling and looking towards each other.

# yes to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn’t be happier.”**

Person supported by Lifeways

# Five reasons to choose Lifeways

## **yes to stability.**

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## **yes to reassurance.**

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## **yes to local.**

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## **yes to relationships.**

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## **yes to quality.**

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



# yes to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Sixth Avenue, make a referral or arrange a visit by contacting Lifeways:

Call **0333 321 4881**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)

[lifeways.co.uk](https://www.lifeways.co.uk)

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