

Waiting Room

3

yes
to independence

Turfside

Jarrow, Tyne and Wear

Life-changing supported living
at the heart of the community

lifeways
yes to you



“Turfside is very person-centered. It is a really relaxed place to live.”
Manager, Turfside

Welcome to Turfside

At Turfside people are welcomed and supported to live independent lives.

Turfside is a three-bedroom bungalow with a kitchen, a living room, a quiet lounge area and a shared bathroom with a shower. There is level access.

Turfside also has an accessible garden for spending time outdoors during pleasant weather.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door.

There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.



Life at Turfside is suitable for people with learning disabilities and autism.

We are ready to welcome a sociable man who enjoys activities. The men we support here are aged 58 and 65, and live with autism, severe learning disabilities and dysphasia.

People enjoy going out for lunch, shopping, watching television, listening to music, swimming and being in the community. At Turfside, people choose how they spend their time. Trips to the coast are favourites.

Valued in your community

There are few things more rewarding than feeling like an active and valued part of the community.

Turfside is in a residential area with shops, pubs, restaurants, cafes, takeaways, a library and a post office. Jarrow is the nearest town and has high-street banks and The Viking Shopping Centre.

Nearby South Shields offers the Life Brigade Museum, South Shields Roman Fort, and the Ocean Beach Pleasure Park. Neighbouring Tynemouth has tourist attractions including Tynemouth Aquarium, Tynemouth Priory and Castle, and Gutterball Alley for bowling.

For people who like to stay active, Jarrow Focus Leisure Centre has a gym, exercise classes and a sports hall, and Heworth Leisure Centre has a swimming pool. We are also close to the coast which has picturesque walks.

Newcastle-upon-Tyne provides access to larger shops and amenities. People like to visit the Life Science Centre, Victoria Tunnel Tours, the Discovery Museum, Great North Museum, Baltic Centre for Contemporary Art, a number of theatres and cinemas, Eldon Square shopping centre, and Newcastle Castle.

It's good to know...



We're in a vibrant residential area of Jarrow.



We're spoilt for choice with supermarkets – Tesco is close by, while Aldi and Sainsbury's are a little further away.



The GP surgery is a ten minute walk and the NHS dentist is five minutes away by car.



There's a bus stop within a short walk, with regular local services to Jarrow, South Shields, Hebburn, Whitburn and Harton Moor.



The nearby train station is a fifteen-minute walk away in Fellgate and has regular services into Sunderland, Newcastle, Newcastle Airport and the Metro Centre.



There is onsite parking available for people with cars.



yes
to friendships

Five reasons to choose Lifeways

yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

yes to local.

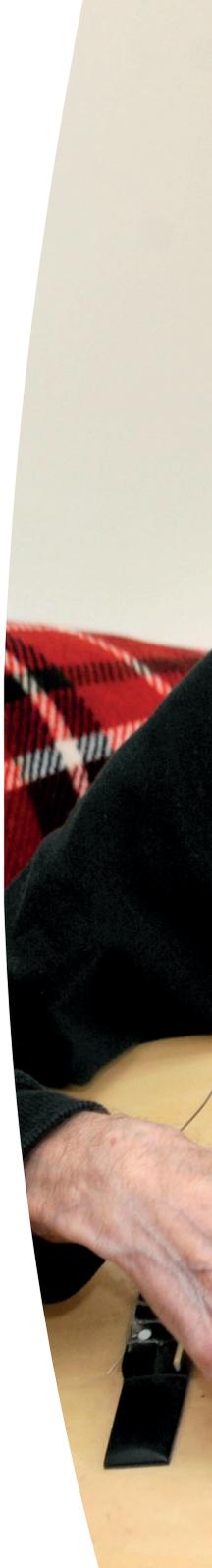
Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



A middle-aged man with thinning hair, wearing a black zip-up hoodie, is shown from the chest up. He is smiling slightly and looking down at an acoustic guitar he is playing. The guitar is light-colored wood with a dark pickguard. In the background, there is a decorative arrangement of dried leaves and branches in a brown, textured vase. The overall lighting is soft and indoor.

yes to ambition

So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

Supporting people to live the life they choose.

At Lifeways, our focus is you. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

Make a referral or arrange a visit

Learn more about independent living at Turfside, make a referral or arrange a visit by contacting Lifeways:

Call **0333 321 4881**

Email referrals@lifeways.co.uk

[lifeways.co.uk](https://www.lifeways.co.uk)

lifeways
yes to you