

Supporting people living with physical disabilities

Whether a physical disability has been recently acquired or is something that's been lived with for many years, at Lifeways we're proud to tailor our support around individual needs, helping each person we support feel safe, reassured and in control whilst leading an active and fulfilling life.

We're here to support with every ambition, whether it's new or old, big or small, easy or difficult.

We support people living with all types of physical disability, and we have extensive experience in caring for individuals with cerebral palsy, spinal cord injuries, amputation, multiple sclerosis, spina bifida, musculoskeletal injuries and muscular dystrophy. Our skilled teams are also trained in supporting those living with a range of complex health needs.



- ✓ Bespoke support plans
- ✓ Specialist support
- ✓ Ongoing reviews

Reasons for choosing to make a move to Lifeways could include wanting to take that first step away from the family home, seeking to make a smooth transition back into living at home, or simply looking to make a move towards greater independence. Whatever the reason, we're here to help each person feel happy, safe and comfortable.

We take the time to get to know each person and those important to them to ensure that we've understood the challenges already overcome, the needs and wishes for the immediate future, and the longer-term ambitions.

We provide friendly encouragement to nurture confidence and independence, and our support plans remain flexible to adapt with a person's changing needs and abilities. Any adaptations to the way we support are carefully discussed through regular feedback meetings.

Michelle's story

Following a decline in her physical health, Michelle moved into Pioneer Court for a combination of independent living and on-site support.

After a period of adjustment of coming to terms with her new health limitations, and settling in with the support from our team, Michelle has discovered she is able to still enjoy an independent life. The team took the time to listen to her wishes and involved her in all decisions whilst resolving any concerns as and when they occurred.

Michelle enjoys the space of her bungalow and the fact she can reach her light switches as they are set at the right level for her to use. These small adaptations make a world of difference to helping her feel confident and independent in her own home. Michelle also feels safer having assistive technology and knowing she can contact staff during the night if she needs anything.

With the support of Lifeways, Michelle has been able to move into a new home located in the area she grew up in, providing familiar surroundings. Michelle is feeling really positive about her future, especially using her new electric wheelchair to explore her local community. Her goal for the future is to regain as much independence as possible.

Our support options



We offer a range of support options including supported living and residential homes that have been designed to meet a wide range of needs. Our support is completely flexible, starting from just a few hours a week through to 24-7.

- ✓ Supported living
- ✓ Residential care
- ✓ Specially adapted housing
- ✓ Assistive technology available

Make a referral or arrange a visit

Learn more about the independent living that we provide, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email referrals@lifeways.co.uk

Or find out more at lifeways.co.uk



yes
to happiness