

Supporting people living with acquired brain injuries

Every acquired brain injury has different effects. That means there are always different challenges to overcome too. At Lifeways, we dedicate ourselves to understanding each person's unique needs, providing specialist support on their journey towards greater independence.

Learning to live with an acquired brain injury can be a difficult time in a person's life.

We're here to provide practical and emotional support to help create positive outcomes for each person's journey.

Our dedicated and specialist teams are highly experienced and will provide coaching and training to support individuals and their staff teams in their journey to rehabilitation. We carefully tailor our support to meet the needs of each individual based on their type of injury and throughout all stages of their recovery journey.

Through our community teams we can arrange physiotherapy, speech and language therapy and occupational therapy, helping to regain everyday skills such as washing and dressing. For those with milder conditions, further along in their recovery or simply seeking to build their independence, we put the focus on maintaining quality of life and opening up opportunities in the community; supporting with everyday tasks such as using public transport, shopping trips and also offering advice and help with starting volunteer or work placements.

- ✓ Community-based supported living
- ✓ Physiotherapy and occupational therapy
- ✓ Access to speech and language therapy
- ✓ Ongoing reviews

We're here to provide personalised specialist support to people through brain injury rehabilitation and community supported living. Whether it's helping to make a transition out of an inpatient rehabilitation service to move back home, support with regaining everyday life skills, or guidance with building confidence in getting back out into the community – we'll be on hand every step of the way, and positively support every ambition.



Zak's story

A big step towards living independently

Zak lives with an acquired brain injury, and before moving into his own tenancy he was living in his family home, so the move to supported living has been a big step and his independence is growing.

Our support team took the time to understand Zak, his needs and wishes, and from this created his tailored and individual support plan. With regular reviews, Zak and his family have been able to see the progress he's been making.

Zak says: "My aim is to live independently one day, and I'm interested in a job in the care sector. So, my support team enrolled me on the Lifeways e-learning programme, which has helped me to learn more about the support worker role and why my staff do what they do."



"It's amazing to see him smile, have a good time and do something that he never thought he'd be able to do."

Support worker at Lifeways

yes
to independence

Make a referral or arrange a visit

Learn more about the independent living that we provide, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email **referrals@lifeways.co.uk**

Or find out more at **lifeways.co.uk**

