



yes  
to independence

## Balls Road

Birkenhead, Wirral

Life-changing supported living  
at the heart of the community

**lifeways**  
yes to you



# Welcome to Balls Road

**Balls Road has fifteen apartments, each with a bedroom, a spare room, an open-plan kitchen and lounge area, and a bathroom with a shower and a bath. There is also a small communal area for people to relax and socialise in.**

The property has an accessible garden with a patio and BBQ for when the weather is good. People who live here are welcome to have pets – one person has a dog, and another has pet rabbits.

Assistive technology includes an intercom system, a lift, CCTV and call points in each apartment to contact staff.

Life at Balls Road is suitable for people with learning disabilities and autism.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.



**“At Balls Road, there is a very happy and relaxed atmosphere. The staff love working here because the people we support have varied interests. There is always something going on. The building has been made very homely, before people even enter their flats.”**

Manager, Balls Road

At Balls Road, we are ready to welcome a person of any age range.

Art plays a big role at Balls Road. The people we support here have their artwork displayed in the corridors – one resident is even painting a mural of the Liverpool skyline in the communal room.

The people here often come together for parties in the summer, for Halloween or at Christmas, for example. People like to organise and hold fundraising events too. The latest event helped to raise money for breast cancer research.

# Valued in your community

**There are few things more rewarding than feeling like an active and valued part of the community.**

The local area has many cafés, pubs, restaurants, and shops, as well as Birkenhead Market, the Pyramids Shopping Centre, Birkenhead Priory, the U-boat Story Museum, Birkenhead Park, the Wirral Transport Museum and Heritage Tramway, and a Vue cinema.

For people who like to stay active, Europa Pool Leisure Centre provides year-round access to a gym, swimming pool, activities and group classes.

People also have access to St Catherine's Hospital, which offers a range of services including adult social care, rehabilitation, specialised dental care, and physiotherapy.

Liverpool is easily accessible from the property. Here, people can enjoy numerous museums and art galleries, Liverpool ONE Shopping Centre, the Liverpool Empire, the Royal Liverpool Philharmonic, Lane 7 Liverpool for bowling, and Imagine That Science and Discovery Centre.

## It's good to know...



We're in Birkenhead, with its range of shops, cafés, pubs, and restaurants.



Asda, the Co-op, Iceland and Lidl are all close by.



The GP surgery and NHS dentist are less than half a mile away.



There are bus stops within a short walk, with regular routes into Liverpool.



The nearby train station is just a 17-minute walk from the property.



There's on-road parking outside this property.



**yes**  
to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by Lifeways

# Five reasons to choose Lifeways

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes  
to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

Lifeways Inclusive Lifestyles has been supporting people as part of the Lifeways Group since 2011. At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Balls Road, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)

[lifeways.co.uk](http://lifeways.co.uk)

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