



yes
to independence

Brunswick Gardens

Brunswick, Tyne and Wear

Life-changing supported living
at the heart of the community

lifeways
yes to you



Welcome to Brunswick Gardens

At Brunswick Gardens apartments, people benefit from a vibrant network of staff and friends, while having peace and quiet when they need it too.

The property has sixteen one-bedroom apartments, each with an open-plan kitchen and living room, and a wet room style bathroom. Brunswick Gardens also has an accessible garden for people to spend time relaxing outside when the weather is good.

Assistive technology can be tailored to suit the needs of each person and includes an intercom, CCTV and a Tunstall connected care system. There is a lift for wheelchair access to the upper floor.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

“At Brunswick Gardens people develop independent living while still having 24-hour support on site. The staff work hard to promote daily living skills, offering support with both emotions and medication. This is a stepping stone for people coming out of hospital, before being able to live independently in the community. The area has many local amenities and Newcastle is easily accessible from the property.”

Manager, Brunswick Gardens



Life at Brunswick Gardens is suitable for people with mental health conditions. We are ready to welcome someone new. At Brunswick Gardens, people choose how they spend their time. Trips to the coast and tourist attractions are favourites. This is a very independent place to live - one person is in full-time education.

Valued in your community

There is nothing more valuable than being an active part of the local community.

Brunswick Gardens is in the heart of a residential area close to convenience stores, shops, takeaways, a post office and a library. Neighbouring Gosforth provides access to larger amenities such as high-street shops and banks, restaurants and cafés.

For people who like to stay active, Concordia Leisure Centre has a gym, exercise classes, a sports hall, and a swimming pool. There's a Clip 'n' Climb climbing wall too. We are also close to the coast which has picturesque walks.

South Shields offers the Life Brigade Museum, South Shields Roman Fort, and the Ocean Beach Pleasure Park. Nearby Tynemouth has attractions including Tynemouth Aquarium, Tynemouth Priory and Castle, and Gutterball Alley for bowling. People also like to visit Newcastle upon Tyne.

It's good to know...



We're in a popular village fourteen minutes' drive from Newcastle.



The Spar is within walking distance while Sainsbury's, Asda, and Lidl are a little further away in Gosforth.



The GP surgery and NHS dentist are within half a mile.



There's a bus stop within a short walk, with routes into Gosforth, Benton and Newcastle.



Newcastle train station is just a fifteen-minute drive and has regular local and national services.



There is plenty of on-site parking available for people with cars.



yes
to friendships

“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”

Person supported by Lifeways

Five reasons to choose Lifeways

yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes
to ambition

So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

Make a referral or arrange a visit

Learn more about independent living at Brunswick Gardens, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email referrals@lifeways.co.uk

lifeways.co.uk

lifeways
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