



yes  
to independence

## Milburn Court

Ashington, Northumberland

Life-changing supported living  
at the heart of the community

**lifeways**  
yes to you



## Welcome to Milburn Court

**At Milburn Court apartments, people benefit from a vibrant network of staff and friends, while having peace and quiet when they need it too.**

There are ten two-bedroom apartments, each with an open-plan kitchen and living room. The apartments have a mixture of en-suite and standard bathrooms, some wet room style and some with showers over the bath.

Flat five is a dedicated communal flat available for all people we support to use and comes equipped with a television, a playstation and a Nintendo Wii. Assistive technology can be tailored to suit the needs of each person and includes an intercom system and external CCTV.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

**“At Milburn Court, the staff are always around. They have great links with the social team around the people we support. The building is in a great location with access to all amenities. The team focuses on promoting independence to all the people we support, with the aim of them moving into their own home, unsupported. The long-standing staff have created stability and built healthy relationships with everyone here.”**

Manager, Milburn Court



Life at Milburn Court is suitable for people with learning or neurological disabilities, physical disabilities, brain injuries, mental health conditions, autism, and drug or alcohol addiction – most people live with addiction.

Milburn Court is classified as a forensic facility, so it is well suited to non-vulnerable people. We are ready to welcome a man of any age.

At Milburn Court, people choose how they spend their time. Trips to the coast and local tourist attractions are favourites. People go on holiday each year – more recently we had a group holiday to Turkey. Therapeutic animals are encouraged – we have a cat, two tarantulas, fish, and some budgies.

# Valued in your community

**Milburn Court is in the town of Ashington, with its small cafés, pubs and takeaways, as well as a newsagent and a post office.**

The main high-street has shops, supermarkets, banks and the Woodhorn Museum. Later this year, a cinema and bowling alley are due to open nearby.

For people who like to stay active, there is a brand new leisure centre within walking distance, which has a gym, exercise classes and a swimming pool. We are also close to the coast which has picturesque walks.

Tynemouth and South Shields are nearby and offer tourist attractions including Tynemouth Aquarium, Tynemouth Priory and Castle, Gutterball Alley for bowling, the Life Brigade Museum, South Shields Roman Fort, and the Ocean Beach Pleasure Park.

Newcastle upon Tyne provides access to larger shops and amenities. People like to visit the Life Science Centre, Victoria Tunnel Tours, the Discovery Museum, Great North Museum, Baltic Centre for Contemporary Art, a number of theatres and cinemas, Eldon Square shopping centre, and Newcastle Castle.

## It's good to know...



We're in Ashington which has a range of amenities. Newcastle upon Tyne is only a thirty-minute drive.



Asda, Aldi, Iceland and Lidl are all in Ashington centre.



The GP surgery and NHS dentist is less than one mile away.



There's a bus stop outside the car park, with routes into Ashington, Linton, Newbiggin-by-the-Sea, Blyth, Newcastle upon Tyne, and Wansbeck Hospital.



The nearby train station is just ten minutes away by car, and has services to Carlisle, Newcastle upon Tyne and Chathill.



There is plenty of on-site parking available for people with cars.



yes  
to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by Lifeways

# Five reasons to choose Lifeways

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes  
to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Milburn Court, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)

[lifeways.co.uk](https://www.lifeways.co.uk)

living  
ambitions  
part of lifeways group