



yes  
to independence

# McAnany Avenue

South Shields, Tyne and Wear

Life-changing residential care  
at the heart of the community

**lifeways**  
yes to you



# Welcome to McAnany Avenue

**McAnany Avenue is a residential service ready to welcome new people and support them in leading an independent life.**

The four-bedroom detached house has level access. All bedrooms are on the ground floor and have an en-suite with a toilet and a sink. There is a kitchen, an open-plan dining and living room, a laundry room, a conservatory, and two wet room style bathrooms with a bath and shower. There is also an accessible garden with a patio for people to spend time outdoors when the weather is nice.

Assistive technology can be tailored to suit the needs of each person and includes an intercom system at the front gate.



Life at McAnany Avenue is suitable for people with learning disabilities, physical disabilities, mental health conditions, and autism.

McAnany Avenue is ready to welcome a man of any age who lives with a physical disability. We support three men aged between 40 and 50 who live with learning disabilities and neurological disabilities.

One person we support here enjoys walking, going to the day centre, art classes, attending college and doing jigsaws or reading in the house. Another likes going outside, listening to music and peace and quiet. He has a great sense of humour and his complex needs mean he requires staff support for most activities. Another enjoys going to see shows, watching DVDs in his bedroom, and going to the disco.

At McAnany Avenue, people choose how they spend their time. Trips to the coast and Blackpool are favourites. One of the people we care for goes on holiday every year to Benidorm.

**“McAnany Avenue is very homely. The people we support have created a friendly place to live and the environment is relaxed and happy. The staff are trained to deal with a vast range of complex needs and behaviours. The street is very quiet and calm, and the community is safe and clean.”**

Manager, McAnany Avenue

# Valued in your community

**There is nothing more valuable than being an active part of the local community.**

McAnany Avenue is in South Shields, with its cafés, pubs and restaurants, as well as a library and a post office. There's also the Life Brigade Museum, South Shields Roman Fort, and the Ocean Beach Pleasure Park. Neighbouring Tynemouth offers tourist attractions including Tynemouth Aquarium, Tynemouth Priory and Castle, and Gutterball Alley for bowling.

For people who like to stay active, Temple Park centre has a gym, exercise classes and squash courts, and Harton Sports Centre has a swimming pool. We are also close to the coast which has picturesque walks.

Newcastle upon Tyne provides access to larger shops and amenities. People like to visit the Life Science Centre, Victoria Tunnel Tours, the Discovery Museum, Great North Museum, Baltic Centre for Contemporary Art, a number of theatres and cinemas, Eldon Square shopping centre, and Newcastle Castle.

## It's good to know...



We're in South Shields which has a range of shops, cafés, pubs, a library and a post office. Newcastle upon Tyne is only a thirty-minute drive.



Lidl, Sainsbury's and Costcutters are all close by, while Asda, Aldi, and Iceland are all in South Shields centre.



The GP surgery and NHS dentist is less than one mile away.



There's a bus stop within a short walk, with routes into South Shields, Horsley Hill, Jarrow and Cobalt.



The nearby metro station is just ten minutes away by car, and has services to South Shields, South Gosforth, Whitley Bay, and St James.



There is plenty of on-road parking available for people with cars.



yes  
to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by Lifeways

# Five reasons to choose Lifeways

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at McAnany Avenue, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)

[lifeways.co.uk](https://lifeways.co.uk)

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