



yes
to independence

Abingdon

Southport, Merseyside

Life-changing residential care
at the heart of the community

lifeways
yes to you



“At Abingdon, each day is different. Every person we support is an individual and the staff work hard to support everyone with their own goals. The atmosphere is busy, homely and fun. The longest resident has been here for twenty-five years so it is a real community.”

Manager, Abingdon

Welcome to Abingdon

Abingdon is a residential service ready to welcome new people and support them in leading an independent life.

This beautiful, detached Victorian house has nine bedrooms and a kitchen, three living rooms, a dining room, a laundry room and three bathrooms – one is an en-suite with a shower cubicle, the other two are communal and have shower cubicles too. One of the living rooms is a dedicated quiet area.

Abingdon has an accessible garden with a patio and a BBQ where people can relax when the weather is good. Assistive technology can be tailored to suit the needs of each person and currently includes door sensors on all bedrooms.



Life at Abingdon is suitable for people with learning disabilities, mental health conditions, and autism.

Abingdon is ready to welcome someone aged between 20 and 60 who enjoys a lively atmosphere. The house is always busy with lots of noise.

At Abingdon people choose how they spend their time, enjoying going to the day centre twice a week, bingo, gaming, volunteering, gardening, going to the cinema and being in the community. Day trips to Blackpool and the Christmas markets are favourites. People often go bowling as a group.

Valued in your community

There is nothing more valuable than being an active part of the local community.

At Abingdon, we are fortunate to be located in a vibrant area with cafés, pubs and restaurants, as well as a post office, a library and beautiful walks along the coast.

For people who like to stay active, Victoria Leisure Centre provides year-round access to a gym and swimming pool.

Southport has lots of things to do, including Southport Pleasureland, pier and beach, Marine Lake Promenade, the Model Railway Village, a Vue Cinema, Tenpin Southport for bowling, theatres, art galleries and high-street shops and banks.

People also like to visit Liverpool, which has numerous museums and art galleries, Liverpool ONE Shopping Centre, the Liverpool Empire, the Royal Liverpool Philharmonic, and Imagine That Science and Discovery Centre.

It's good to know...



Southport has a range of shops, cafés and restaurants, a post office and a library.



Tesco, Morrisons, Aldi, Iceland, Sainsbury's and Asda are all in the surrounding area.



The GP surgery and NHS dentist are within half a mile of the property.



There are bus stops within a short walk.



The nearby train station is just a fourteen-minute walk.



There is on-site parking for people with cars.



yes
to friendships

“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”

Person supported by Lifeways

Five reasons to choose Lifeways

yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes
to ambition

So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

Supporting people to live the life they choose.

Lifeways Raglin has been supporting people as part of the Lifeways Group since 2011. At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

Make a referral or arrange a visit

Learn more about independent living at Abingdon, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email **referrals@lifeways.co.uk**

lifeways.co.uk

lifeways
yes to you