



yes  
to independence

## Ridgewood

St Helens, Lancashire

Life-changing supported living  
at the heart of the community

**lifeways**  
yes to you



**“The people we support at Ridgewood are long-term residents who have made it feel very homely. The staff enjoy working here because the people are so friendly and busy – there is always a lot going on in the house.”**

Manager, Ridgewood

# Welcome to Ridgewood

**At Ridgewood, people are supported to live independently.**

The semi-detached house has two bedrooms, an open-plan kitchen and living room, and two bathrooms – one with a bath and shower, and one with a toilet and sink. Ridgewood has an accessible garden with a patio where people can relax when the weather is good.

When you choose supported living, you’re choosing to live independently, safe and secure behind your own front door. There’s peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.



Life at Ridgewood is suitable for people with learning disabilities, mental health conditions, and autistic spectrum disorders.

Ridgewood is suitable for a woman aged between 40 and 60 years old. We currently support one woman here with learning disabilities. She enjoys going to the gym, visiting family, shopping and going to the disco.

At Ridgewood, people choose how they spend their time. Day trips to Blackpool and Southport are favourites.

# Valued in your community

**There is nothing more valuable than being an active part of the local community.**

Ridgewood is in a vibrant area with good amenities. Parr Swimming and Fitness Centre provides year-round access to a gym and swimming pool, people can enjoy walking in Sherdley Park.

Nearby St Helens offers a range of larger amenities including a Cineworld Cinema, St Helens Theatre Royal, North West Museum of Road Transport, and Church Square Shopping Centre.

Warrington is easily accessible from the property, and offers attractions including the Pyramid art centre, Golden Square Shopping Centre, Superbowl UK for bowling, and an Odeon Luxe cinema.

Liverpool also gives people access to museums and art galleries, Liverpool ONE Shopping Centre, the Liverpool Empire, the Royal Liverpool Philharmonic and Imagine That Science and Discovery Centre.

## It's good to know...



The local area has a range of shops, pubs and takeaways. There's parks and a post office too.



For supermarkets, Aldi is close by, and Morrisons, Asda, Lidl, and Iceland are all in St Helens.



The GP surgery and NHS dentist are within one mile of the property.



There's a bus stop outside the property, with regular services into St Helens, Moss Bank, Sutton Manor, and Newton le Willows.



The local train station is just a seventeen-minute walk from the property and has regular services.



There's on-site parking for people with cars.



# yes to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by Lifeways

# Five reasons to choose Lifeways

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes  
to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

Lifeways Raglin has been supporting people as part of the Lifeways Group since 2011. At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Ridgewood, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)

[lifeways.co.uk](http://lifeways.co.uk)

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