

## **Eastleigh**

Skelmersdale, Lancashire

Life-changing supported living at the heart of the community





"At Eastleigh, the people we support have lived together for so long it has created a real family atmosphere. The staff have also been here for eight to fifteen years. It's a very happy and calm house, in a safe environment."

Manager, Eastleigh

## Welcome to Eastleigh

#### At Eastleigh people are supported to live independently.

The detached house has four bedrooms, two wet room style en-suites, one shared bathroom with a shower, a kitchen, an open-plan lounge area and dining room, and a conservatory. Assistive technology includes an intercom system.

Eastleigh has an accessible garden with a patio for people to use when the weather is good. We even have a resident dog.

Life at Eastleigh is suitable for people with learning disabilities.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.





Eastleigh is an ideal home for a person in their forties. The people we support here are all very independent and enjoy the peace and quiet, so are ready to welcome someone with a similar outlook.

We currently support two women and a man, aged between 57 and 62. One supports Everton FC, and likes eating out and visiting her parents. One person enjoys going to the gym, visiting her sister and going to church. Another likes bowling, going to the disco, attending a drama class, and playing football in a local disability team.

At Eastleigh, people choose how to spend their time – meetings are held every month to decide on what kind of activities we should do. People enjoy going on day trips to Liverpool and London, to the pantomine and on holiday to Spain and France.

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## Valued in your community

There is nothing more valuable than being an active part of the local community.

At Eastleigh, we are fortunate to be located in a peaceful residential area.

Skelmersdale is the nearest town, and provides access to cafés, restaurants, shops, high-street banks, a post office, and a library. We have year-round access to Nye Bevan Gym and Swimming Pool and Tawd Valley Park has picturesque walks.

Southport also offers lots of things to do, including Southport Pleasureland, pier and beach, Marine Lake Promenade, the Model Railway Village, a Vue Cinema, Tenpin Southport for bowling, theatres, art galleries and high-street shops and banks.

People also like to visit Liverpool, which has numerous museums and art galleries, Liverpool ONE Shopping Centre, the Liverpool Empire, the Royal Liverpool Philharmonic, and Imagine That Science and Discovery Centre.

### It's good to know...



We're near Skelmersdale, which has easy access to amenities in the surrounding areas.



There's a bus stop within a short walk, with routes into Skelmersdale and Appley Bridge.



For supermarkets, Skelmersdale provides access to Asda, Aldi and Iceland.



The GP surgery and NHS dentist are in nearby Skelmersdale.



The nearby train station is just a five-minute journey and has regular services to Kirkby, Wigan, Blackburn and Manchester.



There is on-road parking for people with cars.



# Five reasons to choose Lifeways

#### yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

#### yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

#### yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

#### yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

#### yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



## Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

## Make a referral or arrange a visit

Learn more about independent living at Eastleigh, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185** 

Email referrals@lifeways.co.uk

lifeways.co.uk

