



yes
to independence

Apple House

Blackburn, Lancashire

Life-changing supported living
at the heart of the community

lifeways
yes to you



Welcome to Apple House

At Apple House apartments, people come together as a community. Living in this shared building means people benefit from a vibrant network of staff and friends, as well as enjoying the independence of their own apartment.

The building has twelve one-bedroom apartments – the ground floor apartments are wheelchair accessible, and the upper floor apartments can be accessed via a lift. Each apartment has a kitchen, living room, and a wet room style bathroom. There is a communal area and a sensory room too. Apple House also has a garden with a trampoline for people to use when the weather is good.

Assistive technology includes a Tunstall connected care system, and intercom and CCTV.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

“Apple House is an autism specialist centre with highly trained staff. They work hard to keep the atmosphere throughout the building calm and structured. The people we support enjoy living here – the apartments are brand new and people can create their own home while having full daily support.”

Manager, Apple House



Apple House is a specialist autism centre so is ideal for people with autistic spectrum disorders. People living here enjoy trampolining, walking, shopping, listening to music, watching television, cooking, gardening, swimming, socialising, and being in the community.



At Apple House, people choose how they spend their time. Day trips to Blackpool, Southport, Stockport and the coast are favourites.

Valued in your community

There are few things more rewarding than feeling like an active and valued part of the community.

At Apple House, we are located in a residential area with peaceful surroundings. The local area has cafés, pubs and restaurants, as well as a post office.

Blackburn is easily accessible from the property and offers the Empire Theatre, museums and art galleries, a Vue cinema, Planet Ice for skating, the Mall Shopping Centre and Market, Tenpin Blackburn for bowling, and many historical landmarks. For people who like to stay active, Blackburn Sports and Leisure Centre provides year-round access to a gym and swimming pool.

Nearby Preston also provides access to a range of vibrant cafés, restaurants, shops and attractions including St George's and Fishergate shopping centres, and an Odeon cinema. There are a number of museums in the area too – Ribble Steam Railway and Museum is a popular choice.

Preston is also home to the Creative Space Centre – the UK's largest multi-sensory centre for people with special needs.

It's good to know...



Apple House has easy access to amenities in the surrounding areas.



For supermarkets, Tesco Express, Lidl, Morrisons and Aldi are close by.



The GP surgery and NHS dentist are within half a mile of the property.



There's a bus stop within a short walk, with routes into Blackburn, Chorley, Burnley and Preston.



Blackburn station is just one mile away and has regular services to York, Preston, Southport and Blackpool.



There's on-site parking for people with cars.



yes
to friendships

“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”

Person supported by Lifeways

Five reasons to choose Lifeways

yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes
to ambition

So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

Supporting people to live the life they choose.

Lifeways Paragon has been supporting people as part of the Lifeways Group since 2011. At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

Make a referral or arrange a visit

Learn more about independent living at Apple House, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email **referrals@lifeways.co.uk**

lifeways.co.uk

lifeways
yes to you