



yes  
to independence

# Alexandra Road

Barnet, Greater London

Life-changing supported living  
at the heart of the community

**lifeways**  
yes to you



# Welcome to Alexandra Road

**At Alexandra Road apartments, people benefit from a vibrant network of staff and friends, while having peace and quiet when they need it too.**

There are eight one-bedroom apartments, each with an open-plan kitchen and living room, and a wet room style bathroom. Alexandra Road also has a communal area for people to socialise, and an accessible garden with a BBQ for spending time outdoors when the weather is good.

Assistive technology can be tailored to suit the needs of each person and includes an intercom alarm system and CCTV throughout to provide you peace of mind. The property has a lift for internal access to upper floors.

Alexandra Road supports adults with learning disabilities, autism, acquired brain injury and other complex needs within spacious purpose-built apartments.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

**“Alexandra Road has a stable staff team who have been there from the beginning. The staff are very approachable and person-centred, offering in-house activities and one-to-one support. The people we support all interact well with each other and do activities together. The property is a new build and in great condition, with all apartments feeling homely.”**

Manager, Alexandra Road



The people we support here are aged between 23 and 65 years of age.

At Alexandra Road, people choose how they spend their time. Day trips to Southend and London are favourites. People also like to have on-site parties and BBQs.

# Valued in your community

## There is nothing more valuable than being an active part of the local community.

Alexandra Road is in Barnet, which has vibrant cafés, pubs, restaurants, Friern Barnet Retail Park, a library and a post office.

Nearby Muswell Hill provides access to larger shops and amenities such as high-street shops and banks, and an Everyman Cinema.

For people who like to stay active, Nuffield Health Friern Barnet provides year-round access to exercise classes, a gym and a swimming pool. People also enjoy walking in the local parks – Hollickwood Park and Bluebell Wood are popular destinations.

London is easily accessible from the property and offers attractions including museums, theatres, cinemas, bowling alleys, boat trips on the Thames, the Tower of London, Westminster Abbey, St Paul's Cathedral, Buckingham Palace, ZSL London Zoo, Kensington Palace, Sealife London aquarium, the Shard and the London Eye.

## It's good to know...



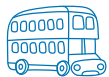
Barnet has a range of shops, cafés and restaurants. There's a library and a post office too.



We're spoilt for choice with supermarkets. Tesco, Sainsbury's and Marks and Spencer are all close by.



The GP surgery and NHS dentist are less than one mile away.



There's a bus stop outside the property, with regular routes into Brent Cross and Wood Green.



The nearby train station is just a fifteen-minute walk, and has services into London.



There is on-site parking available for people with cars.



yes  
to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by Lifeways

# Five reasons to choose Lifeways

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes  
to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Alexandra Road, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)

[lifeways.co.uk](https://www.lifeways.co.uk)

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