



yes
to independence

Fingringhoe Road

Lagenhoe, Essex

Life-changing supported living
at the heart of the community

lifeways
yes to you



“The bungalow at Fingringhoe Road is beautifully maintained. It has a large garden with wonderful views. The area is nice and calm. With a car, people can access amenities quickly and easily. We have an experienced support team who enjoy working with the varied needs of the people we support.”

Manager, Fingringhoe Road

Welcome to Fingringhoe Road

At Fingringhoe Road we empower people with learning disabilities, autism and other complex needs to live as independently as possible, to become integral members of the community and to achieve their goals and aspirations through individual care pathways.

This three-bedroom detached bungalow has an open-plan kitchen and dining room, a living room, a wet room style communal bathroom, an en-suite bathroom and a bathroom with a toilet and sink. Fingringhoe Road also has an accessible garden with a patio for spending time outdoors when the weather is good.

There is level access into the property and a ramp at the back door for wheelchair access.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

Life at Fingringhoe Road is suitable for people with learning disabilities, physical disabilities, mental health conditions and autism.

We are ready to welcome a mature individual to join the people we support here - one man and one woman, both in their sixties who live with learning disabilities.

People here choose how they spend their time. One person here attends college and enjoys the local disco. Another person likes sensory activities, being in the garden and socialising. She can be a little noisy so someone who doesn't mind a little noise would fit in really well here.



Valued in your community

There is nothing more valuable than being an active part of the local community.

Fingringhoe Road is in a rural area. Neighbouring Hythe has cafés, takeaways, restaurants and convenience stores. At Fingringhoe Road, people choose how they spend their time. Day trips to Clacton, the Mersey, Wales and Romford are favourites.

For people who like to stay active, Leisure World Colchester provides year-round access to exercise classes, a gym and a swimming pool. People also enjoy walking in the local area – Colchester Castle Park is a popular destination.

Nearby Colchester offers the Turner Rise Retail Park, Culver Square Shopping Centre, Jump Street Colchester for trampolining, Tenpin Colchester for bowling, an Odeon Cinema, Hollytrees Museum, St John's Abbey Gate, and Colchester Castle Museum.

It's good to know...



Nearby Hythe has a range of local amenities. Colchester is a ten-minute drive away.



We're spoilt for choice with supermarkets. Lonsis and Aldi are close by while Lidl, the Co-op and Tesco are a little further away.



The GP surgery and NHS dentist are within one and a half miles of the property.



There's a bus stop within a short walk which has services to Old Heath, West Bergholt and Colchester.



The nearby train station is just a five-minute drive, and has regular services to Clacton on Sea and London.



There is on-site parking available for people with cars.



yes
to friendships

“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”

Person supported by Lifeways

Five reasons to choose Lifeways

yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes
to ambition

So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

Make a referral or arrange a visit

Learn more about independent living at Fingringhoe Road, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email referrals@lifeways.co.uk

lifeways.co.uk

living
ambitions
part of lifeways group