



yes
to independence

Bulwell

Nottingham, Nottinghamshire

Life-changing residential care
at the heart of the community

lifeways
yes to you



“At Bulwell, we support individuals to achieve their goals and aspirations. We encourage an independent way of living, in a homely environment.”

Manager, Bulwell

Welcome to Bulwell

Bulwell is a welcoming, supportive and stimulating residential service for people with complex care and support needs to live fulfilling lives.

The property has twenty-two bedrooms, a number of which are wheelchair accessible. Each bedroom has an en-suite, some with shower cubicles, some wet room style, as well as four shared bathrooms in the property.

Bulwell has an accessible, shared garden. There are three kitchens, two dining rooms and five living rooms on-site too, with WiFi, radios and televisions, for residents to spend time together.

Life at Bulwell would be well suited to people with learning difficulties, limited physical disabilities, mental health conditions and autism.



The people we care for have varying interests including watching television, listening to music, cooking, shopping, horse riding and spending time in the community. People at Bulwell choose how they spend their time – as a group, we enjoy going for lunch and walks.

Valued in your community

There is nothing more valuable than being an active part of the local community.

At Bulwell, we're fortunate to be located just a short walk from a range of vibrant shops, cafés, pubs and a post office.

In nearby Nottingham you'll find all the local amenities you need including the intu Victoria Shopping Centre, Rock City for live music, Nottingham Castle, the Cineworld or Imax cinemas and a number of museums and galleries.

People also enjoy trips to the coast, the zoo, Blackpool or Skegness, as well as spending time in the community, swimming at Ken Martin Leisure Centre or walking in the local area when the weather is good.

It's good to know...



We're just a twenty-minute drive from Nottingham, with pubs, restaurants, a post office, library and banks.



Aldi is an eight-minute walk, or Morrisons, Iceland and Tesco Extra are nearby.



The GP surgery and NHS dentist are within five minutes' walk.



There's a bus stop outside the property, with regular routes into Nottingham.



The nearby Bulwell tram station goes to Nottingham, where there are connections to local and national destinations.



There is parking on site for people with cars.



“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”

Person supported by Lifeways

Five reasons to choose Lifeways

yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes
to ambition

So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

Make a referral or arrange a visit

Learn more about independent living at Bulwell, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email referrals@lifeways.co.uk

lifeways.co.uk

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