



yes  
to independence

# Newman Gardens

Bartley Green, Birmingham

Life-changing supported living  
at the heart of the community

**lifeways**  
yes to you



**“There is a great atmosphere at Newman Gardens. The people we support have created a strong and friendly community amongst themselves. One of the women here has commented that she likes living here because the staff are respectful and she feels really safe.”**

Manager, Newman Gardens

# Welcome to Newman Gardens

**Newman Gardens apartments provide the perfect blend of shared space and independent living.**

Being in a shared building means that people can benefit from a network of friends and staff, as well as having peace and quiet when they need it too.

The building has sixteen apartments, each with one bedroom, an open-plan kitchen and living room, and a bathroom with a shower. There’s an accessible garden with a patio for people to use when the weather is good. Pets are welcome too – we already have a gerbil, a fish and a hamster living here.

Assistive technology is fitted as standard to give you peace of mind. The building has CCTV throughout, exit buttons on all doors, a nurse call point in each apartment, and an intercom system.

When you choose supported living, you’re choosing to live independently, safe and secure behind your own front door. There’s peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

Life at Newman Gardens is well suited to people with brain injuries, neurological or physical disabilities, mental health conditions, learning disabilities, people living with drug or alcohol addiction, or autistic spectrum disorders.

Newman Gardens is ideal for a mature person with a good level of independence.

People choose how they spend their time – day trips to Blackpool, the Black Country Museum and the German market are a few recent examples, as well as bonfire night celebrations, Halloween parties and charity mornings. There is an allotment five minutes’ walk away, where people enjoy growing flowers, plants and vegetables.



# Valued in your community

**There is nothing more valuable than being an active part of the local community.**

At Newman Gardens, we place people's personal interests, needs and aspirations at the heart of absolutely everything we do. We are in a peaceful residential area with a range of rural walks – Bartley Green or Woodgate Valley Country Park are popular destinations.

For people who like to stay active, we have year-round access to Northfield Pool and Fitness Centre. Avid readers can visit Bartley Green Library.

Neighbouring Halesowen offers Shipleys Amusement Centre, Cornbow Shopping Centre, a library and high-street banks, while Merry Hill Shopping Centre also offers larger shops and an Odeon cinema.

Nearby Birmingham has a larger range of amenities, including the Thinktank Science Museum, the Bullring Shopping Centre, O2 Academy, Sealife Centre, and a number of theatres and art galleries.

## It's good to know...



We're in a peaceful residential area with easy access to Birmingham, which is a thirty-minute bus journey.



For supermarkets, the surrounding areas have an Asda, Waitrose and Tesco.



The GP and NHS dentist are a twenty-minute walk or short drive.



There's a bus stop within a short walk with regular routes to Halesowen, Fairfield, Bromsgrove and Birmingham.



The nearby train station is a ten-minute journey, and has services to Birmingham and Lichfield Trent Valley. You can change in Birmingham for national services.



There's on-site parking for people with cars.



yes  
to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by Lifeways

# Five reasons to choose Lifeways

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes  
to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Newman Gardens, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email **[referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)**

**lifeways.co.uk**

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