



yes
to independence

Rufford Court

New Ollerton, Nottinghamshire

Life-changing supported living
at the heart of the community

lifeways
yes to you



“At Rufford Court, the staff work hard to make all the people we support find their independence. The atmosphere is happy with a strong and caring staff team.”

Manager, Rufford Court

Welcome to Rufford Court

At Rufford Court apartments people can benefit from a vibrant network of staff and friends nearby, while enjoying the independence of their own space.

The property has five one-bedroom apartments, each with a wet room style bathroom. The apartments have a mix of open-plan kitchen and lounge areas, or separate kitchen and living rooms - all of which are very spacious. People often choose to come together in the staff apartment for group activities and to socialise.

Rufford Court also has an accessible garden with a patio for people to relax in when the weather is good. Assistive technology includes a Tunstall nurse call system in all apartments, and an intercom.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

Life at Rufford Court is suitable for people with brain injuries, learning disabilities, physical disabilities, mental health conditions, or people living with autism, and with drug or alcohol addiction.

Rufford Court is ready to welcome someone new. The single-occupancy apartments are ideal for a person who likes to socialise but also needs peace and quiet in their own space. Rufford Court offers an enhanced service, so high risk referrals are very welcome.

People choose how they spend their time and are always keen to experience new things - day trips and holidays to Skegness, St Ives, Newcastle and Liverpool are favourites here.



Valued in your community

There is nothing more rewarding than being an active part of the local community.

At Rufford Court, we are fortunate to be located in a quaint residential area with cafés, pubs and restaurants, high-street banks, a post office and a library.

Dukeries Leisure Centre provides year-round access to a gym and swimming pool, and there's the National Trust Clumber Park or Sherwood Forest for walking when the weather is good.

Nearby Mansfield provides access to an Odeon cinema, the Four Seasons Shopping Centre and Mansfield Superbowl for tenpin bowling. People can also visit Newark-on-Trent for Newark Castle and Gardens, the National Civil War Centre at the Newark Museum, an Odeon Cinema, the Palace Theatre, high-street shops, restaurants, cafés and picturesque walks along the River Trent.

It's good to know...



We're in New Ollerton, which has vibrant shops, cafés, pubs and restaurants.



There is a Tesco next door, while Asda and Heron Foods are within walking distance.



The GP surgery and NHS dentist are less than half a mile away from the property.



There's a bus stop within a short walk, with regular routes into Mansfield, Worksop and Nottingham.



The nearby train station is just a twenty-minute car journey



There's on-site parking for people with cars.



yes to friendships

“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”

Person supported by Lifeways

Five reasons to choose Lifeways

yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes
to ambition

So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

Make a referral or arrange a visit

Learn more about independent living at Rufford Court, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email referrals@lifeways.co.uk

lifeways.co.uk

**future
home care**
part of lifeways group