



yes
to independence

Kufeena

Derby, Derbyshire

Life-changing supported living
at the heart of the community

lifeways
yes to you



“Kufeena is in a very central location with good access to Derby city centre. The people we support are very sociable and active members of the local community. People like relaxing at home but particularly enjoy being outside and doing things in the local area. Kufeena is a very fun and calm house. The longest resident has been here for over ten years so the atmosphere is really settled.”

Manager, Kufeena

Welcome to Kufeena

At Kufeena, people are supported to live independently.

This three-bedroom detached house has a kitchen, a living room and two bathrooms - one wet room style and one standard. The available bedroom has been newly renovated to suit the needs of people with physical disabilities.

There is also an accessible garden with a patio for people to relax in when the weather is good.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

Kufeena is suitable for people with learning disabilities, brain injuries, physical disabilities, mental health conditions and autism.

We are ready to welcome a sociable person aged over 40 years old. The people we support here are in their mid-forties and live with learning disabilities, Down's syndrome and mental health conditions. One person we support enjoys doing puzzles, and being in the community. Another person here goes to a lot of groups. He also likes dancing, football and volunteering.

At Kufeena, people choose how they spend their time. Hobbies include listening to music, walking, karaoke, watching television, cooking, going out for lunch, bowling, gardening, watching tennis, going to the pub, shopping and socialising. Trips to the coast and to tourist attractions are also favourites. One person here goes on holiday with family while the other enjoys going on cruises.



Valued in your community

Kufeena is in a vibrant residential area with restaurants, pubs and shops, and a post office.

For people who like to stay active, Queen's Leisure Centre gives year-round access to a gym, exercise classes, sports courts and a swimming pool. People enjoy walking in the local area too - Rykneld Park is a popular destination.

Nearby Derby offers larger shops and amenities including a shopping centre, Derby Museum and Art Gallery, the Derby Quad Cinema, and Hollywood Bowl Derby for bowling.

People also like to visit Nottingham, which has Nottingham Castle, Museum and Art Gallery, Green's Windmill and Science Centre, ice skating at Motorpoint Arena, Nottingham Playhouse Theatre, and Victoria and Broadmarsh shopping centres.

Nottingham University City Hospital is easily accessible for services in brain injury, cystic fibrosis, epilepsy and seizure disorders, speech and language therapy, and neurological rehabilitation outpatients.

It's good to know...



We're in a residential area with vibrant shops, pubs and restaurants. There's a post office too.



The Co-op and Iceland are within walking distance while Morrisons, Aldi, Lidl and Sainsbury's are a little further away.



The GP surgery and NHS dentist are within one mile of the property.



There's a bus stop within a short walk, with regular routes into Burton-upon-Trent, and Derby.



The nearby train station is just a six-minute car journey and has regular services into Nottingham and other destinations.



There is on-site parking available for people with cars.



yes
to friendships

"Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier."

Person supported by Lifeways

Five reasons to choose Lifeways

yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes
to ambition

So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

Make a referral or arrange a visit

Learn more about independent living at Kufeena, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email referrals@lifeways.co.uk

lifeways.co.uk

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