



yes  
to independence

# Heath Farm Cottage

Scopwick, Lincolnshire

Life-changing residential care  
at the heart of the community

autism care<sup>+</sup>  
part of lifeways group



**“Heath Farm is a specialised centre for people with autism and learning disabilities. It is in a rural setting with green, open spaces which are quiet and calm. Each property has its own vehicle which helps people to access the community whenever they like. There is a behaviour team on site, headed by a psychologist, that meets with residents every week. All of the managers have worked here for over twenty years, giving them excellent experience in helping the people we support to gain the best life and independence possible. There is a real community feel across all the properties, making it a safe and happy place to live.”**

Manager, Heath Farm Cottage

## Welcome to Heath Farm Cottage

**Heath Farm Cottage is a residential service ready to welcome new people and support them in leading an independent life.**

This ten-bedroom bungalow has two kitchens, two living rooms, a dining room, and two bathrooms – one with a bath, and another wet room style with a shower – plus two rooms with a toilet and sink.

The property also has two self-contained apartments, each with one bedroom and an open-plan kitchen and living room. One apartment has a bathroom with a shower, and a separate room with a toilet and sink, while the other has one bathroom with a toilet, bath and shower.

Both properties at Heath Farm Cottage have their own accessible gardens for people to relax in when the weather is good, as well as an outdoor gym. Assistive technology is available in every bedroom upon request.



Life at Heath Farm Cottage is suitable for people with learning disabilities, and autism.

Heath Farm Cottage is ready to welcome a sociable man. The men we support here live with autism and learning disabilities and are aged between 25 and 55. This is a busy, lively environment where people like to stay active.

At Heath Farm Cottage, people enjoy shopping, listening to music, swimming, cooking, trampolining, puzzles, crafts, sensory activities, gardening, bingo, walking, watching television, socialising, and being in the community.

People choose how they want to spend their time – day trips to the Lincolnshire coast and Norfolk are favourites.

# Valued in your community

**There is nothing more valuable than being an active part of the local community.**

Heath Farm is in a peaceful rural area with good links to amenities.

For people who like to stay active, the leisure centre provides year-round access to exercise classes, a swimming pool and a gym. People also enjoy walking in the local area.

Neighbouring Lincoln has all necessary amenities including cafés, restaurants, high-street banks, St Marks Shopping Centre, the Museum of Lincolnshire Life, Lincoln Castle, theatres, art galleries, an Odeon Cinema, and Lincoln Bowl bowling alley.

## It's good to know...



We're in a rural area with peaceful surroundings. Lincoln is a 15-minute car journey and Sleaford is 12 minutes away.



For supermarkets, there is a Spar in Scopwick and Aldi, Tesco, Sainsbury's and Lidl in nearby Sleaford.



The GP surgery and NHS dentist are 20 minutes away.



There's a bus stop outside the property, with routes into Lincoln.



The nearby train station is just in nearby Metheringham, a 7-minute drive.



There's on-site parking for people with cars.



# yes to friendships

**“Since living at this service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by the Lifeways Group

# Five reasons to choose the Lifeways Group

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes  
to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

Autism Care has been supporting people as part of the Lifeways Group since 2015. At the Lifeways Group, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why us?

We believe that anyone can achieve the extraordinary. And that's why we exist. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Heath Farm Cottage, make a referral or arrange a visit by contacting us:

Call **0333 202 7185**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)

[lifeways.co.uk](https://lifeways.co.uk)

**lifeways**  
yes to you