



yes  
to independence

# Mulberry Lodge

Sutton-in-Ashfield, Nottinghamshire

Life-changing supported living  
at the heart of the community

**lifeways**  
yes to you



# Welcome to Mulberry Lodge

**At Mulberry Lodge apartments, people will benefit from a vibrant network of staff and friends, while having peace and quiet when they need it too.**

Mulberry Lodge has a bespoke layout, with a block of six apartments designed to support people with high-level needs and physical disabilities, and two further blocks of eight apartments designed for people with lower level support requirements.

Each of the 14 one-bedroom apartments comes with assistive technology built in as standard, modern white goods and integrated appliances. There's a communal garden for everyone to enjoy, and plenty of parking.

When you choose supported living, you're choosing to live independently, safe and secure behind your own front door. There's peace of mind in knowing the Lifeways team is on-hand, providing tailored support that helps people to lead more fulfilling lives, surrounded by like-minded people.

**"I'm really excited to get Mulberry Lodge up and running to provide a vital service for vulnerable adults in this area. Set to open in late summer 2020, it's a lovely development that will enable people to live in a safe environment, as independently as they can, while receiving the right level of support. We're open for referrals and enquiries now, ready for opening soon. Please don't hesitate to get in touch."**

Community Engagement & Development Manager, Lifeways

Life at Mulberry Lodge is suitable for people with learning disabilities, autism, brain injuries, physical disabilities and mental health conditions.

Mulberry Lodge will become home to adults with a range of needs, from high level and physical disabilities to those with a greater level of independence.



# Valued in your community

**There is nothing more rewarding than being an active part of the local community.**

Mulberry Lodge is in a residential area just 10 minutes' walk from the centre of Sutton-in-Ashfield.

The local area has cafés, pubs and restaurants, high-street banks, a post office and a library. Idlewells Shopping Centre has lots of high street shops and cafés.

For people who like to stay active, Lammas Leisure Centre is a short walk away and provides year-round access to a gym and swimming pool, or there's Sutton Lawn Park for walking when the weather is good.

Mansfield is the nearest large town, and offers larger shops and amenities, the Odeon cinema, the Four Seasons Shopping Centre and Mansfield Superbowl for tenpin bowling too.

## It's good to know...



We're in a vibrant area of Sutton-in-Ashfield.



We're spoilt for choice with supermarkets. Iceland, Asda and Heron Foods are close by while Lidl and Aldi are a little further away.



The GP surgery and NHS dentist are within one mile of the property.



There's a bus stop a few minutes' walk away with regular services into Sutton-in-Ashfield and Mansfield.



The nearby train station, Sutton Parkway, is just ten minutes drive and has regular local and national services.



There is on-site parking available for people with cars.



yes  
to friendships

**“Since living at a Lifeways service I have become more confident and independent. I am able to make everyday decisions with the help from my team, who support me in a consistent way; this is very important to me. My self-esteem has grown with the support I receive and I couldn't be happier.”**

Person supported by Lifeways

# Five reasons to choose Lifeways

## yes to stability.

Our stability speaks for itself. Since 1995 we've grown to become the UK's largest provider of supported living for adults. So when you're comparing providers, it's good to know that our steadfast support is founded on over 25 years of proven outcomes.

## yes to reassurance.

Our size brings reassurance. It allows us to invest in our people and services. And it's the reason we've been able to open 900 new apartments in 65 communities since 2015. Everyone deserves unique support in a home they'll feel proud of – and that's exactly what we provide.

## yes to local.

Our hearts are in our local communities. We're proud to support people in more than 1,000 locations across the UK. But we're even more proud that every service is run by trusted local teams, each providing neighbourly support that feels close to home.

## yes to relationships.

Our people make all the difference. So we make sure everyone is valued and all of our support workers achieve the Care Certificate qualification. Over a quarter of our team have been with us for over five years and some have even been with us from the very beginning, helping to create rewarding relationships, improved outcomes and excellent continuity of care.

## yes to quality.

Our purpose is to improve lives. It's as simple as that. We help almost 5,000 people to live with hope and independence, with every member of our team sharing the same commitment to quality in everything we do. We hire the best in the sector into our highly skilled and dedicated Quality team, who work to ensure our CQC ratings are something we can be proud of.



yes  
to ambition

## So what happens next?

It all starts with an informal chat with one of our specialist assessors. Together with each individual, they will build a clear understanding of their needs and preferences, making sure that they make the choice that is right for them.

They'll then be on hand to guide individuals, families and professionals through the referral and assessment processes, and won't stop until the kettle's on, and the move is complete.

# Supporting people to live the life they choose.

At Lifeways, our focus is *you*. We want to become a trusted partner on your personal journey. Learning from the challenges you've already overcome, before tailoring our support to help you achieve more.

## Why Lifeways?

We believe that anyone can achieve the extraordinary. And that's why Lifeways exists. To understand every individual and support each different dream. Creating homes to feel proud of and places where lives feel fulfilled.

### Make a referral or arrange a visit

Learn more about independent living at Mulberry Lodge, make a referral or arrange a visit by contacting Lifeways:

Call **0333 202 7185**

Email [referrals@lifeways.co.uk](mailto:referrals@lifeways.co.uk)

[lifeways.co.uk](https://lifeways.co.uk)

**lifeways**  
yes to you